



## **Half/Full-day Introductory Climbing Equipment List**

### **Climbing Gear (SMG can provide climbing equipment):**

- Harness
- Helmet
- Belay device
- 2 locking carabiners
- 2 non-locking carabiners
- 1 double-length (48") sling
- 1 single-length (24") sling
- Small climbing pack (such as Black Diamond Bullet or Hollowpoint)
- Climbing shoes

### **Clothing**

- Shell jacket (*gore-tex or equivalent such as First Ascent BC-200 or Rainier Storm Shell*)
- Nylon pants and/or climbing/alpine pants (*such as First Ascent Mountain Guide Light Pant*)
- Light fleece jacket or down shirt
- Hiking boots/shoes

### **Accessories**

- Backpack (about 20L volume)
- Sunglasses
- Sunscreen
- Brimmed hat or visor
- Bug repellent
- Lip balm
- Camera (optional)

### **Food and Water\*\***

- Lunch
- Snacks
- +/- 1 liter of water

\*\*Lunch is not included, but can be arranged through SMG.



<http://www.blackdiamondequipment.com>



<http://www.firstascent.com>