

AVALANCHE COURSE EQUIPMENT LIST

Metal Edged Backcountry Skis or Snowboard
Sturdy Telemark , Randonnee or snowboard boots
Metal Ski poles (collapsible for snowboard)
Internal Frame Pack (compressible style is best)

**Avalanche Transceiver
Climbing Skins
**Shovel
* Snow Study Kit (,dial stem thermometer, crystal card, slope meter, magnifying lens, compass)
Snowsaw
**Sectional Probe (w marking)
Personal Repair
Personal First Aid (moleskin)

Sleeping Bag / pad
Wool or other warm ski hat
Brimmed hat or visor
bandanna
2 pr. gloves or mittens (1 extra light weight pair for snow study in a snow-pit is useful)
2 pr. warm socks and liner socks (no cotton)
Down or Synthetic booties for the hut
1 pairs long underwear - tops and bottoms (non-cotton)
1 t-shirt for hut lounging
1 pr. Wool or fleece pants
1 wool or fleece jacket/sweater
Storm proof shell style jacket
Storm proof pants
Stuffable vest or jacket
Gaiters (on pants?)
Day Pack or plan to use compressible overnight pack
1 quart or larger water bottle
Sunglasses
Goggles
Sunscreen
Headlamp or flashlight
Small towel
Pocket knife

Journal/Notebook/ Pens
*Camera
Personal medications
Toiletries

Recommended reading and reference:
Snowsense by Jill Fredston & Doug Fesler
(Ideal Starter Level 1)
Staying Alive in Avalanche Terrain
by Bruce Tremper (Level 1 & 2)
Avalanche Handbook
by Dave McClung / Peter Schaerer
(Level 2)

*(Items Optional Level 1) **(Available from SMG)

Your equipment must be in good repair. Sawtooth Mountain Guides has equipment available to rent. Equipment should be reserved prior to course departure.