

AVALANCHE COURSE EQUIPMENT LIST

Touring Gear

- AT, Telemark or splitboard
- Skins
- Ski Poles (best if collapsible)
- Beacon/Shovel/Probe *
- Day Pack or plan to use compressible Overnight pack
- Goggles or Sunglasses
- 1-2 Liters water bottle
- Personal First Aid
- Personal Repair

Layering

- Ski Hat
- 2 pr. gloves or mittens (1 light weight pair for snow-pits is useful)
- Shell jacket (Hard or soft)
- Ski pants (Hard or soft shell)
- Insulated jacket (down, prima-loft, fleece etc)
- 1 pair long underwear (non-cotton)
- Upper body base layers
- 2 pr. warm socks and liner socks (no cotton)

Avalanche Study

- Snow Study Kit (dial stem thermometer, crystal card, slope meter, magnifying lens, compass) Optional for Level 1
- Snowsaw *
- Journal/Notebook/ Pencil (Notebook Provided) *

Hut Lounging

- Extra t-shirt
- Sleeping Bag
- Down or Synthetic booties
- Headlamp
- Toiletries

Misc

- Sunscreen
- Optional
 - Bandanna
 - Pocket Knife
 - Camera
 - Personal Meds.
 - Brimmed hat or visor

*(Available from SMG)

Recommended reading and reference:

Snowsense by Jill Fredston & Doug Fesler (Ideal Starter Level 1)

Staying Alive in Avalanche Terrain by Bruce Tremper (Level 1 & 2)

Avalanche Handbook by Dave McClung / Peter Schaerer (Level 2)

Your equipment must be in good condition. Sawtooth Mountain Guides has some equipment available to rent, which should be reserved prior to course departure.

