



Alpine Climbing/Snow School Equipment List

Climbing Gear:

- Harness
- Helmet
- Belay device
- 2 locking carabiners
- 2 non-locking carabiners
- 1 double-length (48") sling
- 1 single-length (24") sling
- Ice axe (50-60cm)
- Crampons

Clothing

- Gaitors (*optional—depends on snow conditions and closure system of pants*)
- Leather or synthetic mountain boots (*such as La Sportiva Trango S Evo GTX*)
- Shell jacket (*gore-tex or equivalent such as First Ascent BC-200 or Rainier Storm Shell*)
- Climbing/alpine pants (*such as First Ascent Mountain Guide Light Pant*)
- Insulating layer (*fleece jacket or synthetic coat such as the First Ascent Igniter*)
- Long underwear/base layers
- Light ski hat/beanie
- 2 pair gloves, one light (*such as First Ascent Soft Shell Glove*), one warmer (*First Ascent Guide Glove*)

Accessories

- Headlamp with spare batteries
- Sunglasses
- Sunscreen (spf 30 or higher)
- Lip balm
- Lighter
- Ear plugs (optional)
- Toiletries (keep it simple!)
- 1-2 Liters Water
- Camera (optional)
- Thermos (optional)
- Trekking poles (optional)

Bivy Equipment

- Sleeping bag
- Sleeping Pad
- Stove, fuel, cook pot (can be group gear)
- Cup and spoon
- Shelter (tent, Megamid, Tarp/Bivy Sack, etc.—can be group gear)



<http://www.blackdiamondequipment.com>



<http://www.firstascent.com>